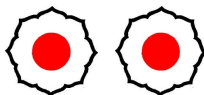


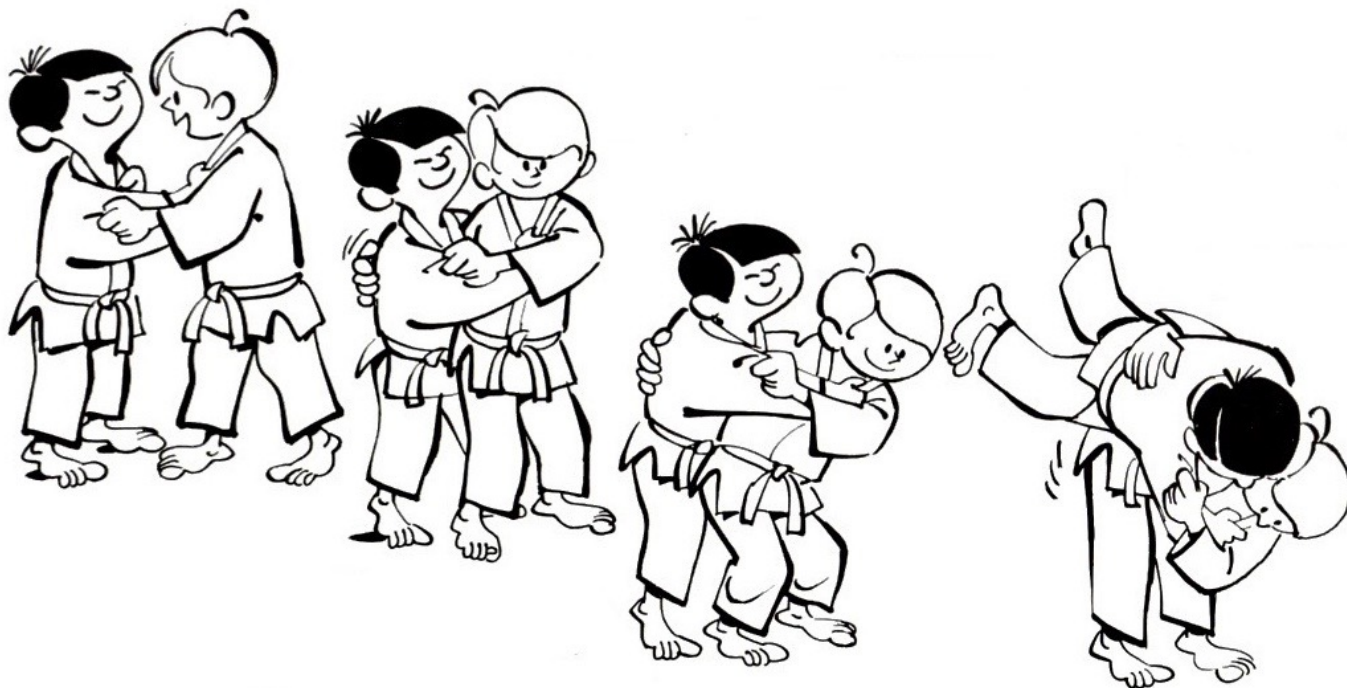
Initiation Judo



N I
Demi jaune

N II
Jaune 5 kyu

N III
Demi orange



O-GOSHI
grande bascule de hanche



KOSHI-GURUMA
enroulement de la hanche